

**LHIC Healthy Weight Work Group Meeting**  
**6.25.15 - 8:30 a.m.**  
**Minutes**

**MEMBERS PRESENT:**

Liz Clark, Healthy Howard, co-chair  
Brian Jolles, We Promote Health  
Bob Giromini, We Promote Health  
Kelly McMillan, Howard Community College  
Cindi Miller, Howard County General Hospital

Andrew Monjan, Transition Howard County  
Phyllis Smelkinson, Healthy Howard  
Arleen Tate, Delta Sigma Theta  
Barbara Wasserman, Community member

**ALSO PRESENT:**

Chris Eatough, Howard County Bike and Pedestrian Coordinator  
Jeananne Sciabarra, LHIC Program Director

**MEETING MINUTES:**

1. Farmers' Market, Resource List, and Open Streets
  - Liz shared the outcomes for the Farmers' Market at the Health Department for the first two weeks:
    - 6/15 – Distributed \$740 in Farmers' Market Coupons; \$300 were redeemed – 41%
    - 6/22 – Distributed \$740 in coupons; \$490 were redeemed – 66%
    - Noted that coupons are good for the whole season, so WIC participants can use them at other markets at other times
  - Liz also noted that the Farmer's Market and Promote Healthy Foods Action Groups would be merging, as they have similar missions.
  - Jeananne and Liz passed around the latest versions of the Resource Guides for residents with diabetes, prediabetes and hypertension. Cindi noted that the HCGH Wellness Center would like copies and might be able to pay some of the printing cost. Jeananne will get an estimate and get back to Cindi.
  - Jeananne gave a brief summary of the Open Streets event that Horizon held on June 13. The event included demonstrations of how different types of bicycle lanes can be incorporated into existing streets. The event was well-attended.
2. Approval of Minutes:
  - Barbara made a motion to approve the minutes from 5.28.15. Bob seconded and the minutes were approved.
3. Report on Family Wellness Day and Wellness Forum:
  - Brian reported that Family Wellness Day was very successful. The estimated attendance was between 3,000 and 5,000 people.
  - Brian also gave a presentation about a potential Howard County Wellness Forum. The presentation is included with these minutes.
4. Special Guest Presentation – Chris Eatough, Bike and Pedestrian Coordinator:
  - Chris described the work being done in the County related to bicycle and pedestrian planning. His presentation is included with these minutes.

Respectfully Submitted,  
Jeananne Sciabarra, LHIC Program Director